



Here at **anatomē**, we've developed sleep oils that can be used with a sleep routine to help you get better sleep. Working with a team of aromacologists and nutritionists, we've concentrated on four oils for a different sleep concern.

Cornish Lavender for tired body and mind
Somali Frankincense for the overactive mind
German Chamomile for those that toss and turn
Japanese Seaweed for the light sleeper

WHY IS SCENT SO IMPORTANT?

Scent is a powerful trigger that activates our "brain of emotion" known as the limbic system – a network of connected structures near the middle of the brain linked within the central nervous system. These structures work together to affect a wide range of behaviours including emotions, motivation, and memory. This system deals with instinctive or automatic behaviours and has little to do with conscious thought or will. The limbic system also deals with translating sensory data from the neocortex (the thinking brain) into motivational forces for behaviour.



anatomē[®]

LONDON APOTHECARY

anatomē is a holistic wellness brand that harnesses the power of botanicals and science to support your wellbeing. We are dedicated to supporting modern life, helping you find balance through personalised advice and an exquisite product collection.

The modern world is stressful, so we need support and encouragement to achieve a balanced, happy life. Our collection has been developed by an expert team of nutritionists, aromachologists and sleep experts to help support your physical and emotional wellbeing.

Throughout our collection you will discover a finely tuned range of essential oils, health supplements and natural skincare made with active botanical ingredients. Our products support recovery + sleep, energy, mindfulness and overall wellbeing.

Created in 2018 by Brendan Murdock, the anatomē stores are located in London's exclusive neighborhoods and retailed in some of the worlds finest stores.





WELLNESS

Just like the grapes that make up a fine wine, the oil extracts are carefully selected from an optimum, nourishing environment. Each of our elixir oils contains a blend of essential oil extracts distilled into a single compound derived from seeds, bark, stems, roots, flowers and plant leaves of plants. We have created a bath + body collection to support 'Night and Day' rituals, botanical blends to sooth and relax, alongside blends to energize and invigorate.

TOP NOTES

Sicilian Lemon, Orange,
Green Mandarin,
Calabrian Bergamot

MIDDLE NOTES


French Lavender,
Geranium Bourbon,
Neroli Tunesia,
Eucalyptus

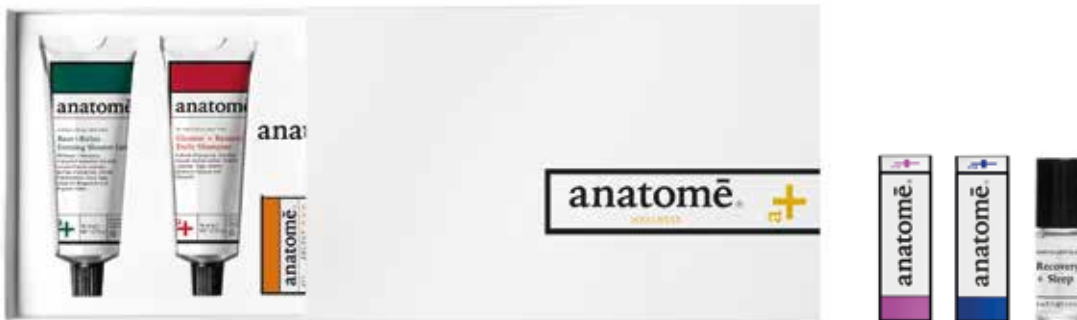
BASE NOTES

Cedar Wood Virginia,
Patchouli Indonesia,
Guaiac Wood
Paraguay, Vetyver Haiti,
Sandalwood





PACKAGING	SIZE	PRODUCTS
Paper Box	30 g / 1,05 oz	SOAP
Paper Box	30 g / 1,05 oz	BODY WASH BAR SHAMPOO BAR
Aluminium Tube	30 ml / 1 fl. oz	SHOWER GEL AM SHOWER GEL PM SHAMPOO CONDITIONER BODY LOTION AM BODY LOTION PM
Invisible Dispenser 	300 ml / 10,14 fl. oz cm 6 x 21 h	SHOWER GEL AM SHOWER GEL PM HAND & BODY CREAM AM HAND & BODY CREAM PM SHAMPOO CONDITIONER HAND WASH



PACKAGING	SIZE	PRODUCTS
Gift Set	30 g / 1,05 oz	SQUARED IN BOX
	30 ml / 1 fl. oz	SHOWER GEL AM ALUMINIUM TUBE SHAMPOO ALUMINIUM TUBE CONDITIONER ALUMINIUM TUBE BODY LOTION AM ALUMINIUM TUBE
Wellness Oil in box*	5 ml / 0,17 fl. oz	RECOVERY + SLEEP BALANCE + STABILITY

* available on request



THE WAY I LIVE

anatomē

Balance + Stability

An earthy and grounding essential oil blend with including Ylang Ylang, Geranium, the mood to relax & unwind.

Apply &anatomē to the body.

ESSENTIAL OIL BLEND